BIOS British and Irish Orthoptic Society

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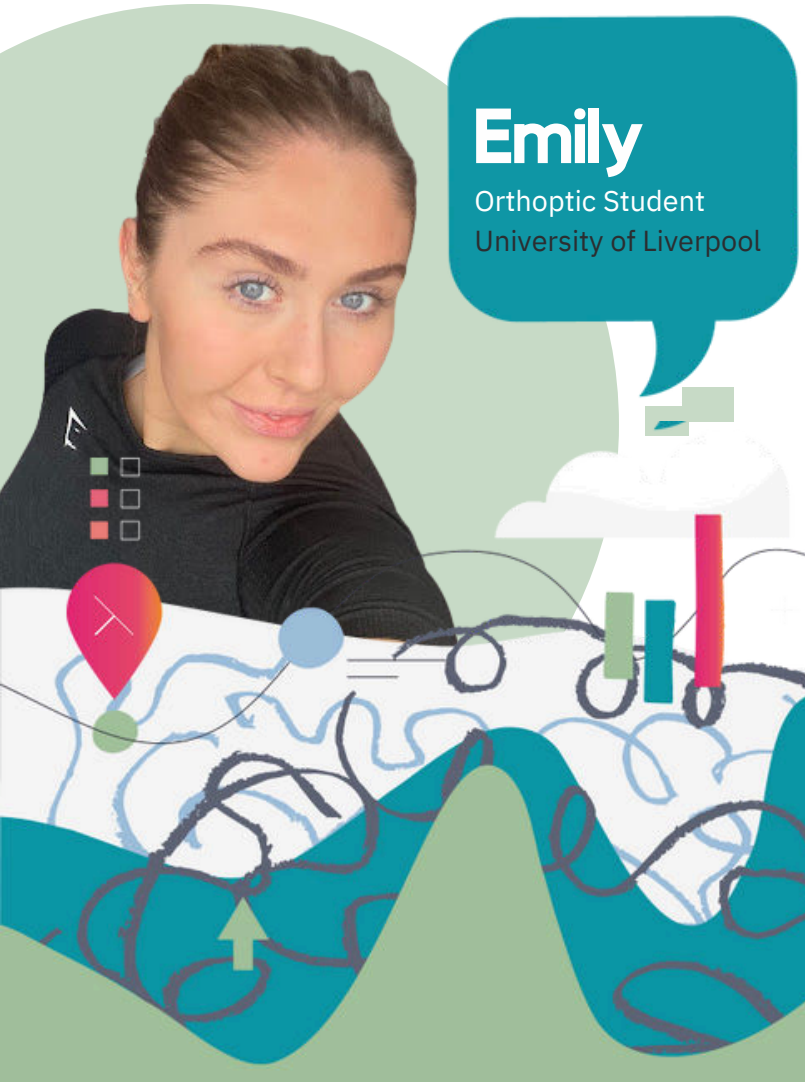
Orthoptic Student Case Study

Meet Emily

Emily took a gap year before university because she wasn't sure what she wanted to do, but she knew she wanted a vocational degree, especially in healthcare. She was set on going to the University of Liverpool and discovered orthoptics during her research. After getting some work experience, she knew it was the right fit.

What is a typical day like? There is a mix! Let's just say you'll be busy from 9 to 5 whether that's in clinical practice, lectures, interactive seminars or the library. I love sport so always find time for netball on our half day on a Wednesday and gym in the morning which breaks the week up.



Three words to describe the course? Interesting, challenging, interactive.

What is the best part of your course? The small cohort and getting to know your peers and the lecturers well.

What is the most challenging part? Remembering all the content and applying it. I'm still piecing things together!

What skills/experiences have helped you? Communication! You will be doing this throughout whether that be on campus or on placement treating a patient.

Advice for prospective students? Manage your time well! As someone who joined a sports society which took up 4 nights per week, I initially thought I wasn't going to handle it on top of the workload. However, I stayed organised and on top of my work and still got through the degree, played netball regularly and went out with my friends a lot.

What are you looking forward to in your orthoptic career? Consolidating my learning and the opportunities I will have working all over the UK and the world.