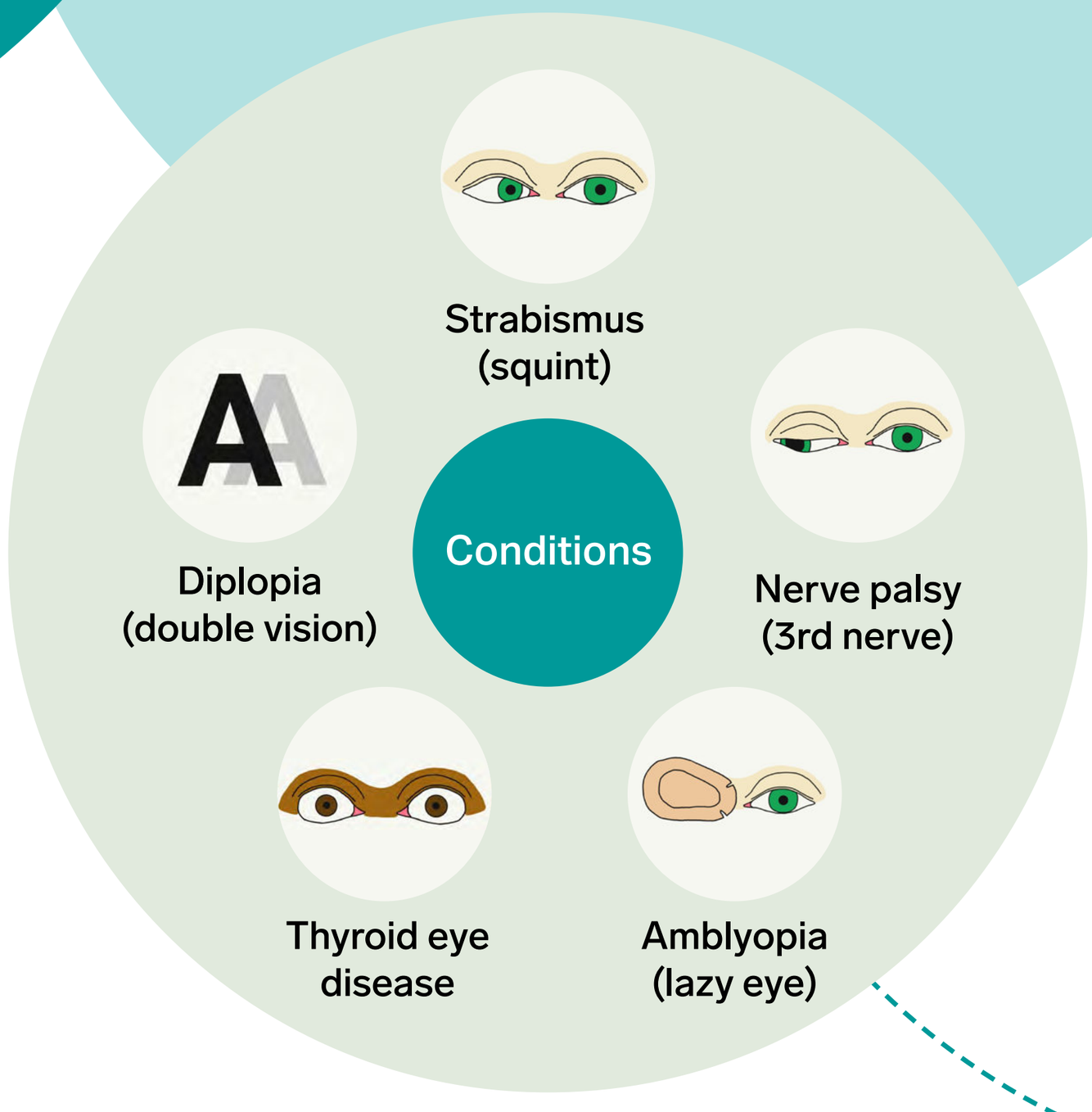
#hello my name is…

I'm an Orthoptist

Orthoptists are eye care specialists who diagnose and manage eye movement problems affecting how the eyes work together, known as binocular single vision.



What do we treat?

Orthoptists treat a range of patients of all ages. Problems patients face may be due to issues with the muscles around the eyes or with how the brain communicates with the eyes.

Treatments may include:

- Eye exercises
- Prisms
- Occlusion therapy
- Surgery
- Glasses
- Botox

Multidisciplinary teams (MDTs)

Orthoptists work alongside other healthcare professionals to provide treatment.

Optometrists: Assess eye health and the need for glasses.

Ophthalmologists: Specialist eye doctors.

Careers as an Orthoptist

Degrees in Orthoptics are globally recognised and allow for registration with the HCPC (The Health and Care Professions Council) to work in NHS hospitals. £5000 NHS bursary for UK students.

Universities in the UK for Orthoptics offer a mixture of theoretical lectures and practical placements.

Undergraduate 3 year courses:

University of Sheffield, University of Liverpool and Glasgow Caledonian University.

Postgraduate 2 year courses (Pre-reg MSc):

University College London and University of Liverpool (2023)

Orthoptics careers information on the BIOS website

BIOS | BRITISH AND IRISH ORTHOPTIC SOCIETY

Sources:
BIOS :https://www.orthoptics.org.uk/
NHS Careers: https://www.healthcareers.nhs.uk/explore-roles/allied-health-professionals/roles-allied-health-professions/roles-allied-health-professions/orthoptist/orthoptist
I See the difference: https://www.iseethedifference.co.uk/everything-you-need-to-know-about-being-an-orthoptist/

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